

A neck lift (cervicoplasty) is a procedure - or combination of procedures - designed to enhance the appearance of your neck. A platysmaplasty removes or alters the neck muscles. Neck liposuction may also be performed to remove excess fat of the neck.

PROCEDURE: The platysmaplasty portion of the neck lift is designed to correct platysmal banding and recontour loose neck musculature. An incision is made under the chin to access the platysma (neck muscle) where it can be contoured as needed. This procedure involves trimming and release of the platysma. It sometimes requires removal of some of the neck muscle or permanent sutures to hold the tissue in place. Just like the platysmaplasty, Dr. Crofts will make similar incisions for a cervicoplasty, trimming parts of the skin while lifting it into place. It will be secured with stitches. The cervicoplasty can be completed in about two to four hours, depending on the complexity of your procedure. During liposuction, Dr. Crofts will make a small incision below the chin and remove the excess fat.

**RECOVERY:** Immediately after surgery, patients can expect swelling of the neck and face, along with some discoloration. The discoloration will be noticeable on the second and third days, and will continue to improve over the course of 12 days. A stretchy bandage needs to be worn day and night for two weeks, then can be worn just at night for an additional six weeks.

**COMPLICATIONS:** Complications are rare with this procedure, but can still occur, some of which being: infection, bleeding, scarring, asymmetry, hematoma, seroma, alteration in sensation and unsatisfactory results.







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