

Medial Thigh Lift

A medial thigh lift reduces excess fat and skin on the upper portion of the inner thigh. It is designed for patients who are unhappy with the shape of their legs, or who would like to remove excess skin after weight loss.



PROCEDURE: During a medial thigh lift procedure, an incision is made in the groin that goes to the back of the crease of the buttock. Skin is then lifted and excess skin and fat are removed to improve the shape and appearance of the inner thigh.

RECOVERY: Patients will wear a compression garment for six weeks after surgery, which promotes healing and allows the skin to conform to its new shape. Patients may resume normal activity six weeks following surgery.



COMPLICATIONS: Some potential complications and risks associated with this procedure are scarring, asymmetry, contour irregularities, infection, bleeding, hematoma, seroma, flap necrosis (death of part of the flap), pulmonary embolus (blood clots of the veins that travel to the lungs), alteration of sensation, vascular compromise, lymphatic injury with swelling of the legs, wound infection and breakdown (also known as wound dehiscence). Major complications, such as blood clots with pulmonary compromise, wound infection or major necrotizing infections, are rare.

801.785.8825



aesthetica
MEDSPA • PLASTIC SURGERY

www.croftsmd.com

Kimball M. Crofts, MD
BOARD CERTIFIED PLASTIC SURGEON

© Kimball M. Crofts, MD, PC and Aesthetica Plastic Surgery. Rev. 05/2021



FACS | FELLOW
AMERICAN COLLEGE
OF SURGEONS

