## Brow Lift



A brow lift is a procedure that helps improve the appearance of the facial region between the upper eyelids and the scalp, extending to the temples. The procedure improves low placement or sagging of the brows, and minimizes the appearance of lines and creases in the forehead. These conditions may be hereditary, or can be attributed to the natural aging process. In some people, repeated facial expressions that are created by contraction of underlying muscles result in visible creases and deep furrows. Non-surgical rejuvenation treatments such as Botox and dermal fillers may help to delay the time at which a brow lift is needed.

## **BROW LIFT SURGERY CAN:**

- Reduce furrows and other signs of aging in the forehead and brow areas, creating a softer, relaxed and rejuvenated facial appearance
- Minimize the creases that develop across the forehead, or those that occur high on the bridge of the nose, between the eyes
- Improve vertical creases that develop between the eyebrows, commonly referred to as "frown" lines
- Reposition a low or sagging brow that is hooding the upper eyelid
- Raise the eyebrows to a more alert and youthful position

**PROCEDURE:** Brow lift surgery can be performed through limited incisions hidden within the hairline. A brow lift can be performed alone or in conjunction with other rejuvenation procedures, such as eyelid surgery (blepharoplasty) or a facelift. A brow lift may sometimes be performed using an endoscope and special instruments placed through smaller incisions made within the hairline. The procedure is done in an outpatient facility under general anesthesia.

**RECOVERY:** Once the procedure is completed, the patient's forehead and head may be loosely wrapped to minimize swelling and bruising. Healing will continue for several weeks as swelling continues to dissipate and incision lines refine and fade. Patients should refrain from strenuous activity for two weeks following the procedure.

**COMPLICATIONS:** Some possible and rare complications may include, but are not limited to: hematoma, seroma, infection, unsightly scarring, skin necrosis, numbness, persistent pain, brow malpositioning and asymmetry.









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